

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 17:30 untill 18:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Valcke Rik

Coaches: Taveirne Bea HEADCOACH

Coaches: Ryckeman Brian

Coaches: Vanmaercke Inge

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

| Event number: 1: 50M FREESTYLE MIXED 10-9 |         |   | Heat:1, starttime: 18:15           |
|-------------------------------------------|---------|---|------------------------------------|
| Heat: 1/2 Lane : 2 Athlete: DAUWE EMMA    |         |   | Q-time: 99:99:99                   |
| PB (50m pool): no time                    |         |   | PB (25m pool): no time SB: no time |
|                                           | 5 0 M   |   |                                    |
| PB                                        | no time |   |                                    |
|                                           | no time |   |                                    |
|                                           | .       | . | .                                  |

Coach feedback:

| Event number: 1: 50M FREESTYLE MIXED 10-9 |         |   | Heat:2, starttime: 18:16           |
|-------------------------------------------|---------|---|------------------------------------|
| Heat: 2/2 Lane : 0 Athlete: BAUWENS ELSA  |         |   | Q-time: 99:99:99                   |
| PB (50m pool): no time                    |         |   | PB (25m pool): no time SB: no time |
|                                           | 5 0 M   |   |                                    |
| PB                                        | no time |   |                                    |
|                                           | no time |   |                                    |
|                                           | .       | . | .                                  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+   |         |   | Heat:1, starttime: 18:18           |
|------------------------------------------|---------|---|------------------------------------|
| Heat: 1/10 Lane : 3 Athlete: DHEERE RÉMI |         |   | Q-time: 99:99:99                   |
| PB (50m pool): no time                   |         |   | PB (25m pool): no time SB: no time |
|                                          | 5 0 M   |   |                                    |
| PB                                       | no time |   |                                    |
|                                          | no time |   |                                    |
|                                          | .       | . | .                                  |

Coach feedback:

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|                                                 |           |  |  |  |  |  |                                                           |  |  |
|-------------------------------------------------|-----------|--|--|--|--|--|-----------------------------------------------------------|--|--|
| Event number: 2: 50M BUTTERFLY MEN 11+          |           |  |  |  |  |  | Heat:3, starttime: 18:21                                  |  |  |
| Heat: 3/10    Lane : 2    Athlete: FERKET AIDAN |           |  |  |  |  |  | Q-time: 00:40:91                                          |  |  |
| PB (50m pool): 00:41.00    Brugge 01/02/2026    |           |  |  |  |  |  | PB (25m pool): 00:40.91 SB: 00:41.00    Brugge 01/02/2026 |  |  |
|                                                 | 5 0 M     |  |  |  |  |  |                                                           |  |  |
| PB                                              | 00:41.00  |  |  |  |  |  |                                                           |  |  |
|                                                 | 00:41.00  |  |  |  |  |  |                                                           |  |  |
|                                                 | . . . . . |  |  |  |  |  |                                                           |  |  |

Coach feedback:

|                                                      |           |  |  |  |  |                                     |  |
|------------------------------------------------------|-----------|--|--|--|--|-------------------------------------|--|
| Event number: 2: 50M BUTTERFLY MEN 11+               |           |  |  |  |  | Heat:4, starttime: 18:22            |  |
| Heat: 4/10    Lane : 1    Athlete: VANDEVIJVERE LARS |           |  |  |  |  | Q-time: 00:37:86                    |  |
| PB (50m pool): 00:50.36    Antwerp 04/02/2024        |           |  |  |  |  | PB (25m pool): 00:37.86 SB: no time |  |
|                                                      | 5 0 M     |  |  |  |  |                                     |  |
| PB                                                   | 00:50.36  |  |  |  |  |                                     |  |
|                                                      | 00:50.36  |  |  |  |  |                                     |  |
|                                                      | . . . . . |  |  |  |  |                                     |  |

Coach feedback:

|                                        |  |           |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
|----------------------------------------|--|-----------|--|--|--|--|--|--|--|--------------------------|--|--|--|--|--|--|--|--|--|-------------------------|--|--|--|--|-------------------------|--|--|--|--|--------------|--|--|--|--|-------------------|--|--|--|--|
| Event number: 2: 50M BUTTERFLY MEN 11+ |  |           |  |  |  |  |  |  |  | Heat:5, starttime: 18:23 |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
| Heat: 5/10                             |  |           |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  | Lane : 0                |  |  |  |  | Athlete: STAELENS TYLER |  |  |  |  |              |  |  |  |  | Q-time: 00:36:30  |  |  |  |  |
| PB (50m pool): 00:34.18                |  |           |  |  |  |  |  |  |  | Brugge 01/02/2026        |  |  |  |  |  |  |  |  |  | PB (25m pool): 00:36.70 |  |  |  |  |                         |  |  |  |  | SB: 00:34.18 |  |  |  |  | Brugge 01/02/2026 |  |  |  |  |
|                                        |  | 5 0 M     |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
| PB                                     |  | 00:34.18  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
|                                        |  | 00:34.18  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
|                                        |  | . . . . . |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |

Coach feedback:

|                                                |           |  |  |  |                                     |  |
|------------------------------------------------|-----------|--|--|--|-------------------------------------|--|
| Event number: 2: 50M BUTTERFLY MEN 11+         |           |  |  |  | Heat:5, starttime: 18:23            |  |
| Heat: 5/10 Lane : 4 Athlete: VAN CRAEYNEST BAS |           |  |  |  | Q-time: 00:34:26                    |  |
| PB (50m pool): 00:34.26 Brugge 15/03/2025      |           |  |  |  | PB (25m pool): 00:33.31 SB: no time |  |
|                                                | 5 0 M     |  |  |  |                                     |  |
| PB                                             | 00:34.26  |  |  |  |                                     |  |
|                                                | 00:34.26  |  |  |  |                                     |  |
|                                                | . . . . . |  |  |  |                                     |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                        |  |           |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
|----------------------------------------|--|-----------|--|--|--|--|--|--|--|--------------------------|--|--|--|--|--|--|--|--|--|-------------------------|--|--|--|--|-------------------------|--|--|--|--|--------------|--|--|--|--|-------------------|--|--|--|--|
| Event number: 2: 50M BUTTERFLY MEN 11+ |  |           |  |  |  |  |  |  |  | Heat:5, starttime: 18:23 |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
| Heat: 5/10                             |  |           |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  | Lane : 7                |  |  |  |  | Athlete: LAFORCE LANDER |  |  |  |  |              |  |  |  |  | Q-time: 00:35:49  |  |  |  |  |
| PB (50m pool): 00:36.77                |  |           |  |  |  |  |  |  |  | Brugge 01/02/2026        |  |  |  |  |  |  |  |  |  | PB (25m pool): 00:35.49 |  |  |  |  |                         |  |  |  |  | SB: 00:36.77 |  |  |  |  | Brugge 01/02/2026 |  |  |  |  |
|                                        |  | 5 0 M     |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
| PB                                     |  | 00:36.77  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
|                                        |  | 00:36.77  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |
|                                        |  | . . . . . |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |                         |  |  |  |  |              |  |  |  |  |                   |  |  |  |  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+                 |           |  |  |  |                  | Heat:6, starttime: 18:24            |  |
|--------------------------------------------------------|-----------|--|--|--|------------------|-------------------------------------|--|
| Heat: 6/10    Lane : 1    Athlete: VANSIELEGHEM JAYDEN |           |  |  |  | Q-time: 00:33:10 |                                     |  |
| PB (50m pool): 00:33.10    Antwerpen 13/07/2025        |           |  |  |  |                  | PB (25m pool): 00:34.39 SB: no time |  |
|                                                        | 5 0 M     |  |  |  |                  |                                     |  |
| PB                                                     | 00:33.10  |  |  |  |                  |                                     |  |
|                                                        | 00:33.10  |  |  |  |                  |                                     |  |
|                                                        | . . . . . |  |  |  |                  |                                     |  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+          |           |  |  |  |  |  | Heat:6, starttime: 18:24                                    |  |  |
|-------------------------------------------------|-----------|--|--|--|--|--|-------------------------------------------------------------|--|--|
| Heat: 6/10    Lane : 7    Athlete: DEVOS MATHIS |           |  |  |  |  |  | Q-time: 00:32:76                                            |  |  |
| PB (50m pool): 00:31.70    Brugge    01/02/2026 |           |  |  |  |  |  | PB (25m pool): 00:32.46SB: 00:31.70    Brugge    01/02/2026 |  |  |
|                                                 | 5 0 M     |  |  |  |  |  |                                                             |  |  |
| PB                                              | 00:31.70  |  |  |  |  |  |                                                             |  |  |
|                                                 | 00:31.70  |  |  |  |  |  |                                                             |  |  |
|                                                 | . . . . . |  |  |  |  |  |                                                             |  |  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+                                                               |           |  |  |  | Heat:7, starttime: 18:25 |  |
|------------------------------------------------------------------------------------------------------|-----------|--|--|--|--------------------------|--|
| Heat: 7/10    Lane : 9    Athlete: QUARTIER MATISSE                                                  |           |  |  |  | Q-time: 00:31:51         |  |
| PB (50m pool): 00:31.51   Zwembad Brigitte Becue   30/05/2025    PB (25m pool): 00:31.06 SB: no time |           |  |  |  |                          |  |
|                                                                                                      | 5 0 M     |  |  |  |                          |  |
| PB                                                                                                   | 00:31.51  |  |  |  |                          |  |
|                                                                                                      | 00:31.51  |  |  |  |                          |  |
|                                                                                                      | . . . . . |  |  |  |                          |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

| Event number: 2: 50M BUTTERFLY MEN 11+           |           |  |  |  |  |  | Heat:8, starttime: 18:26                                   |  |  |
|--------------------------------------------------|-----------|--|--|--|--|--|------------------------------------------------------------|--|--|
| Heat: 8/10    Lane : 6    Athlete: PROVOOST DAJO |           |  |  |  |  |  | Q-time: 00:29:98                                           |  |  |
| PB (50m pool): 00:28.44   Brugge   01/02/2026    |           |  |  |  |  |  | PB (25m pool): 00:28.86 SB: 00:28.44   Brugge   01/02/2026 |  |  |
|                                                  | 5 0 M     |  |  |  |  |  |                                                            |  |  |
| PB                                               | 00:28.44  |  |  |  |  |  |                                                            |  |  |
|                                                  | 00:28.44  |  |  |  |  |  |                                                            |  |  |
|                                                  | . . . . . |  |  |  |  |  |                                                            |  |  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+             |           |  |  |  |  |  | Heat:9, starttime: 18:27                                     |  |  |
|----------------------------------------------------|-----------|--|--|--|--|--|--------------------------------------------------------------|--|--|
| Heat: 9/10    Lane : 3    Athlete: PROVOOST MATICE |           |  |  |  |  |  | Q-time: 00:28:30                                             |  |  |
| PB (50m pool): 00:28.30    Antwerpen    27/07/2025 |           |  |  |  |  |  | PB (25m pool): 00:27.45 SB: 00:29.71    Brugge    01/02/2026 |  |  |
|                                                    | 5 0 M     |  |  |  |  |  |                                                              |  |  |
| PB                                                 | 00:28.30  |  |  |  |  |  |                                                              |  |  |
|                                                    | 00:28.30  |  |  |  |  |  |                                                              |  |  |
|                                                    | . . . . . |  |  |  |  |  |                                                              |  |  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+         |           |  |  |  |  |  | Heat:9, starttime: 18:27                                   |  |  |
|------------------------------------------------|-----------|--|--|--|--|--|------------------------------------------------------------|--|--|
| Heat: 9/10    Lane : 4    Athlete: DEVOS RHUNE |           |  |  |  |  |  | Q-time: 00:28:27                                           |  |  |
| PB (50m pool): 00:28.09   Brugge   01/02/2026  |           |  |  |  |  |  | PB (25m pool): 00:28.15 SB: 00:28.09   Brugge   01/02/2026 |  |  |
|                                                | 5 0 M     |  |  |  |  |  |                                                            |  |  |
| PB                                             | 00:28.09  |  |  |  |  |  |                                                            |  |  |
|                                                | 00:28.09  |  |  |  |  |  |                                                            |  |  |
|                                                | . . . . . |  |  |  |  |  |                                                            |  |  |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+                   |           |  |  |  |                  | Heat:10, starttime: 18:28                                 |  |
|----------------------------------------------------------|-----------|--|--|--|------------------|-----------------------------------------------------------|--|
| Heat: 10/10    Lane : 5    Athlete: VANSIELEGHEM KILLIAN |           |  |  |  | Q-time: 00:26:00 |                                                           |  |
| PB (50m pool): 00:26.00    Brugge 15/03/2025             |           |  |  |  |                  | PB (25m pool): 00:25.24 SB: 00:31.17    Brugge 01/02/2026 |  |
|                                                          | 5 0 M     |  |  |  |                  |                                                           |  |
| PB                                                       | 00:26.00  |  |  |  |                  |                                                           |  |
|                                                          | 00:26.00  |  |  |  |                  |                                                           |  |
|                                                          | . . . . . |  |  |  |                  |                                                           |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                               |  |           |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------|--|-----------|--|--|--|--|--|--|--|-------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|
| Event number: 2: 50M BUTTERFLY MEN 11+        |  |           |  |  |  |  |  |  |  | Heat:10, starttime: 18:28           |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
| Heat: 10/10 Lane : 6 Athlete: VANHOUTTE WARRE |  |           |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  | Q-time: 00:27:36 |  |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:27.48 Antwerpen 27/07/2025  |  |           |  |  |  |  |  |  |  | PB (25m pool): 00:27.19 SB: no time |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                               |  | 5 0 M     |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
| PB                                            |  | 00:27.48  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                               |  | 00:27.48  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                               |  | . . . . . |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

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|--------------------------------------------------|-----------|--|--|--|--|--|---------------------------------------|--|--|
| Event number: 3: 50M BUTTERFLY MIXED 10-9        |           |  |  |  |  |  | Heat:2, starttime: 18:31              |  |  |
| Heat: 2/2    Lane : 2    Athlete: QUARTIER QUINN |           |  |  |  |  |  | Q-time: 99:99:99                      |  |  |
| PB (50m pool): no time                           |           |  |  |  |  |  | PB (25m pool): no time    SB: no time |  |  |
|                                                  | 5 0 M     |  |  |  |  |  |                                       |  |  |
| PB                                               | no time   |  |  |  |  |  |                                       |  |  |
|                                                  | no time   |  |  |  |  |  |                                       |  |  |
|                                                  | . . . . . |  |  |  |  |  |                                       |  |  |

Coach feedback:

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|---------------------------------------------------|-----------|--|--|--|--|--|-------------------------------------------------------------|--|--|
| Event number: 4: 50M BUTTERFLY WOMEN 11+          |           |  |  |  |  |  | Heat:1, starttime: 18:33                                    |  |  |
| Heat: 1/8   Lane : 3   Athlete: VANDEVIJVERE LORE |           |  |  |  |  |  | Q-time: 99:99:99                                            |  |  |
| PB (50m pool): 00:48.45   Brugge   01/02/2026     |           |  |  |  |  |  | PB (25m pool): no time   SB: 00:48.45   Brugge   01/02/2026 |  |  |
|                                                   | 5 0 M     |  |  |  |  |  |                                                             |  |  |
| PB                                                | 00:48.45  |  |  |  |  |  |                                                             |  |  |
|                                                   | 00:48.45  |  |  |  |  |  |                                                             |  |  |
|                                                   | . . . . . |  |  |  |  |  |                                                             |  |  |

Coach feedback:

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|----------------------------------------------------|-----------|--|--|--|--|--|--------------------------------------------------------|--|--|
| Event number: 4: 50M BUTTERFLY WOMEN 11+           |           |  |  |  |  |  | Heat:2, starttime: 18:35                               |  |  |
| Heat: 2/8    Lane : 7    Athlete: ANTIERENS LOUISE |           |  |  |  |  |  | Q-time: 00:45:50                                       |  |  |
| PB (50m pool): 00:41.06 Brugge 01/02/2026          |           |  |  |  |  |  | PB (25m pool): 00:44.26 SB: 00:41.06 Brugge 01/02/2026 |  |  |
|                                                    | 5 0 M     |  |  |  |  |  |                                                        |  |  |
| PB                                                 | 00:41.06  |  |  |  |  |  |                                                        |  |  |
|                                                    | 00:41.06  |  |  |  |  |  |                                                        |  |  |
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Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

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|--------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 4: 50M BUTTERFLY WOMEN 11+                                       |           | Heat:3, starttime: 18:36 |
| Heat: 3/8 Lane : 2 Athlete: SEGAERT HANNE                                      |           | Q-time: 00:41:79         |
| PB (50m pool): 00:41.79 Antwerp 02/02/2025 PB (25m pool): 00:39.21 SB: no time |           |                          |
|                                                                                | 5 0 M     |                          |
| PB                                                                             | 00:41.79  |                          |
|                                                                                | 00:41.79  |                          |
|                                                                                | . . . . . |                          |

Coach feedback:

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|--------------------------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 4: 50M BUTTERFLY WOMEN 11+                                                         |           | Heat:3, starttime: 18:36 |
| Heat: 3/8 Lane : 5 Athlete: DE CLOEDT DELGADO LISA                                               |           | Q-time: 00:41:36         |
| PB (50m pool): 00:43.20 Brugge 01/02/2026 PB (25m pool): 00:41.36 SB: 00:43.20 Brugge 01/02/2026 |           |                          |
|                                                                                                  | 5 0 M     |                          |
| PB                                                                                               | 00:43.20  |                          |
|                                                                                                  | 00:43.20  |                          |
|                                                                                                  | . . . . . |                          |

Coach feedback:

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|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 4: 50M BUTTERFLY WOMEN 11+                                      |           | Heat:4, starttime: 18:37 |
| Heat: 4/8 Lane : 2 Athlete: CANNIERE ERIN                                     |           | Q-time: 00:38:67         |
| PB (50m pool): 00:52.94 Izegem 22/06/2024 PB (25m pool): 00:38.67 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:52.94  |                          |
|                                                                               | 00:52.94  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

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|--------------------------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 4: 50M BUTTERFLY WOMEN 11+                                                         |           | Heat:4, starttime: 18:37 |
| Heat: 4/8 Lane : 6 Athlete: DEKEYSER NORAH                                                       |           | Q-time: 00:38:40         |
| PB (50m pool): 00:36.47 Brugge 01/02/2026 PB (25m pool): 00:35.91 SB: 00:36.47 Brugge 01/02/2026 |           |                          |
|                                                                                                  | 5 0 M     |                          |
| PB                                                                                               | 00:36.47  |                          |
|                                                                                                  | 00:36.47  |                          |
|                                                                                                  | . . . . . |                          |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                 |  |           |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------------------------------|--|-----------|--|--|--|--|--|--|--|--------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|
| Event number: 4: 50M BUTTERFLY WOMEN 11+        |  |           |  |  |  |  |  |  |  | Heat:6, starttime: 18:40                               |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
| Heat: 6/8    Lane : 0    Athlete: DEPAEPE ELIZE |  |           |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  | Q-time: 00:33:96 |  |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:33.54 Brugge 01/02/2026       |  |           |  |  |  |  |  |  |  | PB (25m pool): 00:37.58 SB: 00:33.54 Brugge 01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                                 |  | 5 0 M     |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
| PB                                              |  | 00:33.54  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                                 |  | 00:33.54  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                                 |  | . . . . . |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                                                                        |           |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------------------------------------------------------------------------|-----------|--|--|--|--|--|--|--|--|--------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 4: 50M BUTTERFLY WOMEN 11+                                                               |           |  |  |  |  |  |  |  |  | Heat:6, starttime: 18:40 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| Heat: 6/8    Lane : 4    Athlete: DEVUYST OONA                                                         |           |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  | Q-time: 00:33:43 |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:33.82    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:33.43 SB: no time |           |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                                                                        | 5 0 M     |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| PB                                                                                                     | 00:33.82  |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                                                                        | 00:33.82  |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                                                                        | . . . . . |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                 |           |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|-------------------------------------------------|-----------|--|--|--|--|--|--|--|--|--------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 4: 50M BUTTERFLY WOMEN 11+        |           |  |  |  |  |  |  |  |  | Heat:6, starttime: 18:40                               |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| Heat: 6/8    Lane : 9    Athlete: RYCKEMAN ELLA |           |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  | Q-time: 00:34:12 |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:32.64 Brugge 01/02/2026       |           |  |  |  |  |  |  |  |  | PB (25m pool): 00:33.04 SB: 00:32.64 Brugge 01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                 | 5 0 M     |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| PB                                              | 00:32.64  |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                 | 00:32.64  |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                 | . . . . . |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                |           |  |  |  |  |  |  |  |  |                                       |  |
|------------------------------------------------|-----------|--|--|--|--|--|--|--|--|---------------------------------------|--|
| Event number: 5: 50M BREASTSTROKE MIXED 10-9   |           |  |  |  |  |  |  |  |  | Heat:1, starttime: 18:43              |  |
| Heat: 1/2    Lane : 3    Athlete: BAUWENS ELSA |           |  |  |  |  |  |  |  |  | Q-time: 99:99:99                      |  |
| PB (50m pool): no time                         |           |  |  |  |  |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                | 5 0 M     |  |  |  |  |  |  |  |  |                                       |  |
| PB                                             | no time   |  |  |  |  |  |  |  |  |                                       |  |
|                                                | no time   |  |  |  |  |  |  |  |  |                                       |  |
|                                                | . . . . . |  |  |  |  |  |  |  |  |                                       |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                  |           |  |  |  |  |                                       |  |
|--------------------------------------------------|-----------|--|--|--|--|---------------------------------------|--|
| Event number: 5: 50M BREASTSTROKE MIXED 10-9     |           |  |  |  |  | Heat:2, starttime: 18:45              |  |
| Heat: 2/2    Lane : 5    Athlete: QUARTIER QUINN |           |  |  |  |  | Q-time: 00:52:65                      |  |
| PB (50m pool): 00:52.65    Brugge 15/03/2025     |           |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                  | 5 0 M     |  |  |  |  |                                       |  |
| PB                                               | 00:52.65  |  |  |  |  |                                       |  |
|                                                  | 00:52.65  |  |  |  |  |                                       |  |
|                                                  | . . . . . |  |  |  |  |                                       |  |

Coach feedback:

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|--------------------------------------------------|-----------|--|--|--|-------------------------------------|--|
| Event number: 6: 50M BACKSTROKE MEN 11+          |           |  |  |  | Heat:1, starttime: 18:47            |  |
| Heat: 1/8    Lane : 7    Athlete: MONTENY KENZIE |           |  |  |  | Q-time: 99:99:99                    |  |
| PB (50m pool): no time                           |           |  |  |  | PB (25m pool): 00:46.18 SB: no time |  |
|                                                  | 5 0 M     |  |  |  |                                     |  |
| PB                                               | no time   |  |  |  |                                     |  |
|                                                  | no time   |  |  |  |                                     |  |
|                                                  | . . . . . |  |  |  |                                     |  |

Coach feedback:

|                                                 |           |  |  |  |  |                                       |  |
|-------------------------------------------------|-----------|--|--|--|--|---------------------------------------|--|
| Event number: 6: 50M BACKSTROKE MEN 11+         |           |  |  |  |  | Heat:2, starttime: 18:49              |  |
| Heat: 2/8    Lane : 8    Athlete: VERMOTE SIEBE |           |  |  |  |  | Q-time: 00:53:24                      |  |
| PB (50m pool): 00:53.24    Brugge 15/03/2025    |           |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                 | 5 0 M     |  |  |  |  |                                       |  |
| PB                                              | 00:53.24  |  |  |  |  |                                       |  |
|                                                 | 00:53.24  |  |  |  |  |                                       |  |
|                                                 | . . . . . |  |  |  |  |                                       |  |

Coach feedback:

|                                                  |           |  |  |  |                                     |  |
|--------------------------------------------------|-----------|--|--|--|-------------------------------------|--|
| Event number: 6: 50M BACKSTROKE MEN 11+          |           |  |  |  | Heat:4, starttime: 18:52            |  |
| Heat: 4/8    Lane : 2    Athlete: LAFORCE LANDER |           |  |  |  | Q-time: 00:39:70                    |  |
| PB (50m pool): 00:39.70   Brugge 15/03/2025      |           |  |  |  | PB (25m pool): 00:39.57 SB: no time |  |
|                                                  | 5 0 M     |  |  |  |                                     |  |
| PB                                               | 00:39.70  |  |  |  |                                     |  |
|                                                  | 00:39.70  |  |  |  |                                     |  |
|                                                  | . . . . . |  |  |  |                                     |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                                                               |           |                          |
|-----------------------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 6: 50M BACKSTROKE MEN 11+                                                       |           | Heat:4, starttime: 18:52 |
| Heat: 4/8 Lane : 5 Athlete: STAELENS TYLER                                                    |           | Q-time: 00:39:06         |
| PB (50m pool): 00:39.06 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.85 SB: no time |           |                          |
|                                                                                               | 5 0 M     |                          |
| PB                                                                                            | 00:39.06  |                          |
|                                                                                               | 00:39.06  |                          |
|                                                                                               | . . . . . |                          |

Coach feedback:

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 6: 50M BACKSTROKE MEN 11+                                       |           | Heat:4, starttime: 18:52 |
| Heat: 4/8 Lane : 8 Athlete: FERKET AIDAN                                      |           | Q-time: 00:40:52         |
| PB (50m pool): 00:44.85 Brugge 15/03/2025 PB (25m pool): 00:40.52 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:44.85  |                          |
|                                                                               | 00:44.85  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 6: 50M BACKSTROKE MEN 11+                                       |           | Heat:5, starttime: 18:54 |
| Heat: 5/8 Lane : 0 Athlete: DAUWE LARS                                        |           | Q-time: 00:38:34         |
| PB (50m pool): 00:38.34 Brugge 15/03/2025 PB (25m pool): 00:40.57 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:38.34  |                          |
|                                                                               | 00:38.34  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 6: 50M BACKSTROKE MEN 11+                                       |           | Heat:5, starttime: 18:54 |
| Heat: 5/8 Lane : 3 Athlete: VANSIELEGHEM JAYDEN                               |           | Q-time: 00:37:23         |
| PB (50m pool): 00:37.23 Brugge 15/03/2025 PB (25m pool): 00:39.51 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:37.23  |                          |
|                                                                               | 00:37.23  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                     |           |  |  |  |  |  |                                                            |  |  |
|-----------------------------------------------------|-----------|--|--|--|--|--|------------------------------------------------------------|--|--|
| Event number: 6: 50M BACKSTROKE MEN 11+             |           |  |  |  |  |  | Heat:6, starttime: 18:56                                   |  |  |
| Heat: 6/8    Lane : 0    Athlete: VANDEVIJVERE LARS |           |  |  |  |  |  | Q-time: 00:35:52                                           |  |  |
| PB (50m pool): 00:35.96   Brugge   01/02/2026       |           |  |  |  |  |  | PB (25m pool): 00:35.52 SB: 00:35.96   Brugge   01/02/2026 |  |  |
|                                                     | 5 0 M     |  |  |  |  |  |                                                            |  |  |
| PB                                                  | 00:35.96  |  |  |  |  |  |                                                            |  |  |
|                                                     | 00:35.96  |  |  |  |  |  |                                                            |  |  |
|                                                     | . . . . . |  |  |  |  |  |                                                            |  |  |

Coach feedback:

|                                               |           |  |  |  |  |                                                             |  |
|-----------------------------------------------|-----------|--|--|--|--|-------------------------------------------------------------|--|
| Event number: 6: 50M BACKSTROKE MEN 11+       |           |  |  |  |  | Heat:6, starttime: 18:56                                    |  |
| Heat: 6/8    Lane : 5    Athlete: DHEERE RÉMI |           |  |  |  |  | Q-time: 00:33:04                                            |  |
| PB (50m pool): 00:32.24   Brugge   01/02/2026 |           |  |  |  |  | PB (25m pool): no time   SB: 00:32.24   Brugge   01/02/2026 |  |
|                                               | 5 0 M     |  |  |  |  |                                                             |  |
| PB                                            | 00:32.24  |  |  |  |  |                                                             |  |
|                                               | 00:32.24  |  |  |  |  |                                                             |  |
|                                               | . . . . . |  |  |  |  |                                                             |  |

Coach feedback:

|                                                |           |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|------------------------------------------------|-----------|--|--|--|--|--|--|--|--|------------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 6: 50M BACKSTROKE MEN 11+        |           |  |  |  |  |  |  |  |  | Heat:6, starttime: 18:56                                   |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| Heat: 6/8    Lane : 8    Athlete: DEVOS MATHIS |           |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  | Q-time: 00:34:49 |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:33.62   Brugge   01/02/2026  |           |  |  |  |  |  |  |  |  | PB (25m pool): 00:33.21 SB: 00:33.62   Brugge   01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                | 5 0 M     |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| PB                                             | 00:33.62  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                | 00:33.62  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                | . . . . . |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                    |           |  |  |  |  |  |                                                        |  |  |
|----------------------------------------------------|-----------|--|--|--|--|--|--------------------------------------------------------|--|--|
| Event number: 6: 50M BACKSTROKE MEN 11+            |           |  |  |  |  |  | Heat:6, starttime: 18:56                               |  |  |
| Heat: 6/8    Lane : 9    Athlete: VAN CRAEYNST BAS |           |  |  |  |  |  | Q-time: 00:35:90                                       |  |  |
| PB (50m pool): 00:35.15 Brugge 01/02/2026          |           |  |  |  |  |  | PB (25m pool): 00:35.52 SB: 00:35.15 Brugge 01/02/2026 |  |  |
|                                                    | 5 0 M     |  |  |  |  |  |                                                        |  |  |
| PB                                                 | 00:35.15  |  |  |  |  |  |                                                        |  |  |
|                                                    | 00:35.15  |  |  |  |  |  |                                                        |  |  |
|                                                    | . . . . . |  |  |  |  |  |                                                        |  |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                      |  |           |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------------------------------|--|-----------|--|--|--|--|--|--|--|------------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|
| Event number: 6: 50M BACKSTROKE MEN 11+              |  |           |  |  |  |  |  |  |  | Heat:8, starttime: 18:59                                   |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
| Heat: 8/8   Lane : 5   Athlete: VANSIELEGHEM KILLIAN |  |           |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  | Q-time: 00:27:81 |  |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:27.81   Antwerp   09/02/2025       |  |           |  |  |  |  |  |  |  | PB (25m pool): 00:26.87 SB: 00:28.22   Brugge   01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                                      |  | 5 0 M     |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
| PB                                                   |  | 00:27.81  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                                      |  | 00:27.81  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |
|                                                      |  | . . . . . |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                   |           |  |  |  |  |  |  |  |  |                                                              |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------------------------|-----------|--|--|--|--|--|--|--|--|--------------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 6: 50M BACKSTROKE MEN 11+           |           |  |  |  |  |  |  |  |  | Heat:8, starttime: 18:59                                     |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| Heat: 8/8    Lane : 6    Athlete: PROVOOST MATICE |           |  |  |  |  |  |  |  |  |                                                              |  |  |  |  |  |  |  |  |  | Q-time: 00:29:22 |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:28.94    Antwerp    21/01/2024  |           |  |  |  |  |  |  |  |  | PB (25m pool): 00:27.89 SB: 00:29.90    Brugge    01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                   | 5 0 M     |  |  |  |  |  |  |  |  |                                                              |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| PB                                                | 00:28.94  |  |  |  |  |  |  |  |  |                                                              |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                   | 00:28.94  |  |  |  |  |  |  |  |  |                                                              |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                   | . . . . . |  |  |  |  |  |  |  |  |                                                              |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                                                                                                 |           |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------------------------------------------------------------------------------------------------------|-----------|--|--|--|--|--|--|--|--|--------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 6: 50M BACKSTROKE MEN 11+                                                                                         |           |  |  |  |  |  |  |  |  | Heat:8, starttime: 18:59 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| Heat: 8/8    Lane : 9    Athlete: DEVOS RHUNE                                                                                   |           |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  | Q-time: 00:30:56 |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:30.56    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:29.80 SB: 00:30.84    Brugge    01/02/2026 |           |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                                                                                                 | 5 0 M     |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| PB                                                                                                                              | 00:30.56  |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                                                                                                 | 00:30.56  |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                                                                                                                 | . . . . . |  |  |  |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                              |           |  |  |  |  |  |  |  |  |                                       |  |
|----------------------------------------------|-----------|--|--|--|--|--|--|--|--|---------------------------------------|--|
| Event number: 7: 50M BACKSTROKE MIXED 10-9   |           |  |  |  |  |  |  |  |  | Heat:1, starttime: 19:00              |  |
| Heat: 1/1    Lane : 0    Athlete: DAUWE EMMA |           |  |  |  |  |  |  |  |  | Q-time: 99:99:99                      |  |
| PB (50m pool): no time                       |           |  |  |  |  |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                              | 5 0 M     |  |  |  |  |  |  |  |  |                                       |  |
| PB                                           | no time   |  |  |  |  |  |  |  |  |                                       |  |
|                                              | no time   |  |  |  |  |  |  |  |  |                                       |  |
|                                              | . . . . . |  |  |  |  |  |  |  |  |                                       |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                           |           |                                     |
|-----------------------------------------------------------|-----------|-------------------------------------|
| Event number: 8: 50M BACKSTROKE WOMEN 11+                 |           | Heat:4, starttime: 19:23            |
| Heat: 4/8                                                 | Lane : 0  | Athlete: VANDERBEKE MARILOU         |
| PB (50m pool): 00:43.19 Zwembad Brigitte Becue 30/05/2025 |           | PB (25m pool): 00:40.82 SB: no time |
|                                                           | 5 0 M     |                                     |
| PB                                                        | 00:43.19  |                                     |
|                                                           | 00:43.19  |                                     |
|                                                           | . . . . . |                                     |

Coach feedback:

|                                                           |           |                                     |
|-----------------------------------------------------------|-----------|-------------------------------------|
| Event number: 8: 50M BACKSTROKE WOMEN 11+                 |           | Heat:6, starttime: 19:27            |
| Heat: 6/8                                                 | Lane : 6  | Athlete: RYCKEMAN ELLA              |
| PB (50m pool): 00:36.11 Zwembad Brigitte Becue 30/05/2025 |           | PB (25m pool): 00:36.00 SB: no time |
|                                                           | 5 0 M     |                                     |
| PB                                                        | 00:36.11  |                                     |
|                                                           | 00:36.11  |                                     |
|                                                           | . . . . . |                                     |

Coach feedback:

|                                           |           |                                                        |
|-------------------------------------------|-----------|--------------------------------------------------------|
| Event number: 8: 50M BACKSTROKE WOMEN 11+ |           | Heat:8, starttime: 19:30                               |
| Heat: 8/8                                 | Lane : 2  | Athlete: DEPAEPE ELIZE                                 |
| PB (50m pool): 00:32.83 Brugge 01/02/2026 |           | PB (25m pool): 00:32.16 SB: 00:32.83 Brugge 01/02/2026 |
|                                           | 5 0 M     |                                                        |
| PB                                        | 00:32.83  |                                                        |
|                                           | 00:32.83  |                                                        |
|                                           | . . . . . |                                                        |

Coach feedback:

|                                           |           |                                    |
|-------------------------------------------|-----------|------------------------------------|
| Event number: 9: 50M BREASTSTROKE MEN 11+ |           | Heat:1, starttime: 19:32           |
| Heat: 1/7                                 | Lane : 5  | Athlete: GOUDESEUNE LEON           |
| PB (50m pool): no time                    |           | PB (25m pool): no time SB: no time |
|                                           | 5 0 M     |                                    |
| PB                                        | no time   |                                    |
|                                           | no time   |                                    |
|                                           | . . . . . |                                    |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

| Event number: 9: 50M BREASTSTROKE MEN 11+                                                             |           | Heat:1, starttime: 19:32 |
|-------------------------------------------------------------------------------------------------------|-----------|--------------------------|
| Heat: 1/7 Lane : 9 Athlete: PROVOOST DAJO                                                             |           | Q-time: 99:99:99         |
| PB (50m pool): 00:38.99 Zwembad Brigitte Becue Oostend 19/03/2025 PB (25m pool): 00:36.22 SB: no time |           |                          |
|                                                                                                       | 5 0 M     |                          |
| PB                                                                                                    | 00:38.99  |                          |
|                                                                                                       | 00:38.99  |                          |
|                                                                                                       | . . . . . |                          |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE MEN 11+                 |           | Heat:2, starttime: 19:33 |
|-----------------------------------------------------------|-----------|--------------------------|
| Heat: 2/7 Lane : 0 Athlete: VERMOTE SIEBE                 |           | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |                          |
|                                                           | 5 0 M     |                          |
| PB                                                        | no time   |                          |
|                                                           | no time   |                          |
|                                                           | . . . . . |                          |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE MEN 11+                                    |           | Heat:3, starttime: 19:34 |
|------------------------------------------------------------------------------|-----------|--------------------------|
| Heat: 3/7 Lane : 9 Athlete: MONTENY KENZIE                                   |           | Q-time: 00:53:70         |
| PB (50m pool): 00:53.70 Brugge 15/03/2025 PB (25m pool): no time SB: no time |           |                          |
|                                                                              | 5 0 M     |                          |
| PB                                                                           | 00:53.70  |                          |
|                                                                              | 00:53.70  |                          |
|                                                                              | . . . . . |                          |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE MEN 11+                  |           | Heat:4, starttime: 19:36 |
|------------------------------------------------------------|-----------|--------------------------|
| Heat: 4/7 Lane : 5 Athlete: DAUWE LARS                     |           | Q-time: 00:41:50         |
| PB (50m pool): no time PB (25m pool): 00:41.50 SB: no time |           |                          |
|                                                            | 5 0 M     |                          |
| PB                                                         | no time   |                          |
|                                                            | no time   |                          |
|                                                            | . . . . . |                          |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

| Event number: 9: 50M BREASTSTROKE MEN 11+           |           |  |  |  |  |  | Heat:4, starttime: 19:36                               |  |  |
|-----------------------------------------------------|-----------|--|--|--|--|--|--------------------------------------------------------|--|--|
| Heat: 4/7    Lane : 7    Athlete: VANDEVIJVERE LARS |           |  |  |  |  |  | Q-time: 00:43:88                                       |  |  |
| PB (50m pool): 00:42.20 Brugge 01/02/2026           |           |  |  |  |  |  | PB (25m pool): 00:43.88 SB: 00:42.20 Brugge 01/02/2026 |  |  |
|                                                     | 5 0 M     |  |  |  |  |  |                                                        |  |  |
| PB                                                  | 00:42.20  |  |  |  |  |  |                                                        |  |  |
|                                                     | 00:42.20  |  |  |  |  |  |                                                        |  |  |
|                                                     | . . . . . |  |  |  |  |  |                                                        |  |  |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE MEN 11+          |           |  |  |  |  | Heat:5, starttime: 19:37            |  |
|----------------------------------------------------|-----------|--|--|--|--|-------------------------------------|--|
| Heat: 5/7    Lane : 0    Athlete: QUARTIER MATISSE |           |  |  |  |  | Q-time: 00:40:44                    |  |
| PB (50m pool): 00:42.83    Brugge 02/03/2024       |           |  |  |  |  | PB (25m pool): 00:36.84 SB: no time |  |
|                                                    | 5 0 M     |  |  |  |  |                                     |  |
| PB                                                 | 00:42.83  |  |  |  |  |                                     |  |
|                                                    | 00:42.83  |  |  |  |  |                                     |  |
|                                                    | . . . . . |  |  |  |  |                                     |  |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE MEN 11+      |                |  |  | Heat:5, starttime: 19:37            |  |
|------------------------------------------------|----------------|--|--|-------------------------------------|--|
| Heat: 5/7    Lane : 1    Athlete: DEVOS MATHIS |                |  |  | Q-time: 00:38:91                    |  |
| PB (50m pool): no time                         |                |  |  | PB (25m pool): 00:38.91 SB: no time |  |
|                                                | 5 0 M          |  |  |                                     |  |
| PB                                             | no time        |  |  |                                     |  |
|                                                | <i>no time</i> |  |  |                                     |  |
|                                                | . . . . .      |  |  |                                     |  |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE MEN 11+          |           |  |  |  |  | Heat:6, starttime: 19:38                                   |  |
|----------------------------------------------------|-----------|--|--|--|--|------------------------------------------------------------|--|
| Heat: 6/7    Lane : 7    Athlete: VAN CRAEYNST BAS |           |  |  |  |  | Q-time: 00:35:47                                           |  |
| PB (50m pool): 00:34.82   Brugge   01/02/2026      |           |  |  |  |  | PB (25m pool): 00:34.88 SB: 00:34.82   Brugge   01/02/2026 |  |
|                                                    | 5 0 M     |  |  |  |  |                                                            |  |
| PB                                                 | 00:34.82  |  |  |  |  |                                                            |  |
|                                                    | 00:34.82  |  |  |  |  |                                                            |  |
|                                                    | . . . . . |  |  |  |  |                                                            |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

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|----------------------------------------------|-----------|-------------------------------------|
| Event number: 9: 50M BREASTSTROKE MEN 11+    |           | Heat:7, starttime: 19:39            |
| Heat: 7/7 Lane : 4 Athlete: VANHOUTTE WARRE  |           | Q-time: 00:31:10                    |
| PB (50m pool): 00:31.10 Antwerpen 27/07/2025 |           | PB (25m pool): 00:30.50 SB: no time |
|                                              | 5 0 M     |                                     |
| PB                                           | 00:31.10  |                                     |
|                                              | 00:31.10  |                                     |
|                                              | . . . . . |                                     |

Coach feedback:

|                                              |           |                                    |
|----------------------------------------------|-----------|------------------------------------|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+ |           | Heat:1, starttime: 19:41           |
| Heat: 1/5 Lane : 3 Athlete: DEKEYSER NORAH   |           | Q-time: 99:99:99                   |
| PB (50m pool): no time                       |           | PB (25m pool): no time SB: no time |
|                                              | 5 0 M     |                                    |
| PB                                           | no time   |                                    |
|                                              | no time   |                                    |
|                                              | . . . . . |                                    |

Coach feedback:

|                                              |           |                                    |
|----------------------------------------------|-----------|------------------------------------|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+ |           | Heat:2, starttime: 19:42           |
| Heat: 2/5 Lane : 4 Athlete: SEGAERT HANNE    |           | Q-time: 00:49:68                   |
| PB (50m pool): 00:49.68 Brugge 23/02/2025    |           | PB (25m pool): no time SB: no time |
|                                              | 5 0 M     |                                    |
| PB                                           | 00:49.68  |                                    |
|                                              | 00:49.68  |                                    |
|                                              | . . . . . |                                    |

Coach feedback:

|                                               |           |                                    |
|-----------------------------------------------|-----------|------------------------------------|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+  |           | Heat:2, starttime: 19:42           |
| Heat: 2/5 Lane : 6 Athlete: VANDEVIJVERE LORE |           | Q-time: 00:57:83                   |
| PB (50m pool): 00:57.83 Brugge 15/03/2025     |           | PB (25m pool): no time SB: no time |
|                                               | 5 0 M     |                                    |
| PB                                            | 00:57.83  |                                    |
|                                               | 00:57.83  |                                    |
|                                               | . . . . . |                                    |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

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|----------------------------------------------------|-----------|--|--|--|--|---------------------------------------|--|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+       |           |  |  |  |  | Heat:2, starttime: 19:42              |  |
| Heat: 2/5    Lane : 8    Athlete: ANTIERENS LOUISE |           |  |  |  |  | Q-time: 99:99:99                      |  |
| PB (50m pool): 00:58.91    Brugge 02/03/2024       |           |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                    | 5 0 M     |  |  |  |  |                                       |  |
| PB                                                 | 00:58.91  |  |  |  |  |                                       |  |
|                                                    | 00:58.91  |  |  |  |  |                                       |  |
|                                                    | . . . . . |  |  |  |  |                                       |  |

Coach feedback:

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|------------------------------------------------|-----------|--|--|--|---------------------------------------|--|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+   |           |  |  |  | Heat:2, starttime: 19:42              |  |
| Heat: 2/5    Lane : 9    Athlete: DEVUYST OONA |           |  |  |  | Q-time: 99:99:99                      |  |
| PB (50m pool): 00:49.58    Brugge 11/03/2023   |           |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                | 5 0 M     |  |  |  |                                       |  |
| PB                                             | 00:49.58  |  |  |  |                                       |  |
|                                                | 00:49.58  |  |  |  |                                       |  |
|                                                | . . . . . |  |  |  |                                       |  |

Coach feedback:

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|--------------------------------------------------------------------------------------------------------|-----------|--|--|--|--------------------------|--|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+                                                           |           |  |  |  | Heat:3, starttime: 19:44 |  |
| Heat: 3/5    Lane : 1    Athlete: VANDERBEKE MARILOU                                                   |           |  |  |  | Q-time: 00:48:13         |  |
| PB (50m pool): 00:48.13    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:46.99 SB: no time |           |  |  |  |                          |  |
|                                                                                                        | 5 0 M     |  |  |  |                          |  |
| PB                                                                                                     | 00:48.13  |  |  |  |                          |  |
|                                                                                                        | 00:48.13  |  |  |  |                          |  |
|                                                                                                        | . . . . . |  |  |  |                          |  |

Coach feedback:

|                                              |           |  |  |  |                                     |  |
|----------------------------------------------|-----------|--|--|--|-------------------------------------|--|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+ |           |  |  |  | Heat:3, starttime: 19:44            |  |
| Heat: 3/5 Lane : 7 Athlete: CANNIERE ERIN    |           |  |  |  | Q-time: 00:47:76                    |  |
| PB (50m pool): 00:47.76 Brugge 15/03/2025    |           |  |  |  | PB (25m pool): 00:48.48 SB: no time |  |
|                                              | 5 0 M     |  |  |  |                                     |  |
| PB                                           | 00:47.76  |  |  |  |                                     |  |
|                                              | 00:47.76  |  |  |  |                                     |  |
|                                              | . . . . . |  |  |  |                                     |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

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|------------------------------------------------------------|-----------|--------------------------|
| Event number: 10: 50M BREASTSTROKE WOMEN 11+               |           | Heat:3, starttime: 19:44 |
| Heat: 3/5 Lane : 8 Athlete: DE CLOEDT DELGADO LISA         |           | Q-time: 00:48:17         |
| PB (50m pool): no time PB (25m pool): 00:48.17 SB: no time |           |                          |
|                                                            | 5 0 M     |                          |
| PB                                                         | no time   |                          |
|                                                            | no time   |                          |
|                                                            | . . . . . |                          |

Coach feedback:

|                                                                              |           |                          |
|------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 11: 50M FREESTYLE MEN 11+                                      |           | Heat:2, starttime: 19:49 |
| Heat: 2/12 Lane : 2 Athlete: VERMOTE SIEBE                                   |           | Q-time: 00:44:17         |
| PB (50m pool): 00:44.17 Brugge 15/03/2025 PB (25m pool): no time SB: no time |           |                          |
|                                                                              | 5 0 M     |                          |
| PB                                                                           | 00:44.17  |                          |
|                                                                              | 00:44.17  |                          |
|                                                                              | . . . . . |                          |

Coach feedback:

|                                                           |           |                          |
|-----------------------------------------------------------|-----------|--------------------------|
| Event number: 11: 50M FREESTYLE MEN 11+                   |           | Heat:2, starttime: 19:49 |
| Heat: 2/12 Lane : 8 Athlete: GOUDESEUNE LEON              |           | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |                          |
|                                                           | 5 0 M     |                          |
| PB                                                        | no time   |                          |
|                                                           | no time   |                          |
|                                                           | . . . . . |                          |

Coach feedback:

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 11: 50M FREESTYLE MEN 11+                                       |           | Heat:3, starttime: 19:51 |
| Heat: 3/12 Lane : 8 Athlete: MONTENY KENZIE                                   |           | Q-time: 00:39:18         |
| PB (50m pool): 00:39.18 Brugge 15/03/2025 PB (25m pool): 00:41.75 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:39.18  |                          |
|                                                                               | 00:39.18  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

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|-------------------------------------------------|-----------|--|--|--|-------------------------------------|--|
| Event number: 11: 50M FREESTYLE MEN 11+         |           |  |  |  | Heat:3, starttime: 19:51            |  |
| Heat: 3/12    Lane : 9    Athlete: FERKET AIDAN |           |  |  |  | Q-time: 00:40:26                    |  |
| PB (50m pool): 00:40.26 Brugge 15/03/2025       |           |  |  |  | PB (25m pool): 00:41.97 SB: no time |  |
|                                                 | 5 0 M     |  |  |  |                                     |  |
| PB                                              | 00:40.26  |  |  |  |                                     |  |
|                                                 | 00:40.26  |  |  |  |                                     |  |
|                                                 | . . . . . |  |  |  |                                     |  |

Coach feedback:

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|---------------------------------------------------|-----------|--|--|--|--|-------------------------------------|--|
| Event number: 11: 50M FREESTYLE MEN 11+           |           |  |  |  |  | Heat:4, starttime: 19:52            |  |
| Heat: 4/12    Lane : 4    Athlete: LAFORCE LANDER |           |  |  |  |  | Q-time: 00:33:84                    |  |
| PB (50m pool): 00:33.84    Brugge 15/03/2025      |           |  |  |  |  | PB (25m pool): 00:31.57 SB: no time |  |
|                                                   | 5 0 M     |  |  |  |  |                                     |  |
| PB                                                | 00:33.84  |  |  |  |  |                                     |  |
|                                                   | 00:33.84  |  |  |  |  |                                     |  |
|                                                   | . . . . . |  |  |  |  |                                     |  |

Coach feedback:

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|-------------------------------------------|-----------|--|--|--|-------------------------------------|--|
| Event number: 11: 50M FREESTYLE MEN 11+   |           |  |  |  | Heat:6, starttime: 19:54            |  |
| Heat: 6/12 Lane : 6 Athlete: DAUWE LARS   |           |  |  |  | Q-time: 00:32:02                    |  |
| PB (50m pool): 00:37.57 Brugge 02/03/2024 |           |  |  |  | PB (25m pool): 00:32.02 SB: no time |  |
|                                           | 5 0 M     |  |  |  |                                     |  |
| PB                                        | 00:37.57  |  |  |  |                                     |  |
|                                           | 00:37.57  |  |  |  |                                     |  |
|                                           | . . . . . |  |  |  |                                     |  |

Coach feedback:

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|--------------------------------------------------|-----------|--|--|--|--|--|--------------------------------------------------------|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+          |           |  |  |  |  |  | Heat:7, starttime: 19:55                               |  |  |
| Heat: 7/12 Lane : 5 Athlete: VANSIELEGHEM JAYDEN |           |  |  |  |  |  | Q-time: 00:30:27                                       |  |  |
| PB (50m pool): 00:29.45 Brugge 01/02/2026        |           |  |  |  |  |  | PB (25m pool): 00:31.08 SB: 00:29.45 Brugge 01/02/2026 |  |  |
|                                                  | 5 0 M     |  |  |  |  |  |                                                        |  |  |
| PB                                               | 00:29.45  |  |  |  |  |  |                                                        |  |  |
|                                                  | 00:29.45  |  |  |  |  |  |                                                        |  |  |
|                                                  | . . . . . |  |  |  |  |  |                                                        |  |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

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|-----------------------------------------------------|-----------|--|--|--|--|--|------------------------------------------------------------|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+             |           |  |  |  |  |  | Heat:8, starttime: 19:56                                   |  |  |
| Heat: 8/12    Lane : 8    Athlete: QUARTIER MATISSE |           |  |  |  |  |  | Q-time: 00:29:15                                           |  |  |
| PB (50m pool): 00:28.69   Brugge   01/02/2026       |           |  |  |  |  |  | PB (25m pool): 00:28.49 SB: 00:28.69   Brugge   01/02/2026 |  |  |
|                                                     | 5 0 M     |  |  |  |  |  |                                                            |  |  |
| PB                                                  | 00:28.69  |  |  |  |  |  |                                                            |  |  |
|                                                     | 00:28.69  |  |  |  |  |  |                                                            |  |  |
|                                                     | . . . . . |  |  |  |  |  |                                                            |  |  |

Coach feedback:

|                                                                                              |           |  |  |  |                           |  |
|----------------------------------------------------------------------------------------------|-----------|--|--|--|---------------------------|--|
| Event number: 11: 50M FREESTYLE MEN 11+                                                      |           |  |  |  | Heat:10, starttime: 19:58 |  |
| Heat: 10/12 Lane : 0 Athlete: DEVOS RHUNE                                                    |           |  |  |  | Q-time: 00:27:64          |  |
| PB (50m pool): 00:27.64 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:27.04SB: no time |           |  |  |  |                           |  |
|                                                                                              | 5 0 M     |  |  |  |                           |  |
| PB                                                                                           | 00:27.64  |  |  |  |                           |  |
|                                                                                              | 00:27.64  |  |  |  |                           |  |
|                                                                                              | . . . . . |  |  |  |                           |  |

Coach feedback:

|                                         |           |  |  |  |  |  |  |  |  |                           |  |  |  |  |                         |  |  |  |  |          |  |  |  |  |                                |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |
|-----------------------------------------|-----------|--|--|--|--|--|--|--|--|---------------------------|--|--|--|--|-------------------------|--|--|--|--|----------|--|--|--|--|--------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+ |           |  |  |  |  |  |  |  |  | Heat:11, starttime: 19:59 |  |  |  |  |                         |  |  |  |  |          |  |  |  |  |                                |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |
| Heat: 11/12                             |           |  |  |  |  |  |  |  |  |                           |  |  |  |  |                         |  |  |  |  | Lane : 8 |  |  |  |  | Athlete: PROVOOST DAJO         |  |  |  |  |  |  |  |  |  | Q-time: 00:26:56 |  |  |  |  |
| PB (50m pool): 00:25.65                 |           |  |  |  |  |  |  |  |  | Brugge 01/02/2026         |  |  |  |  | PB (25m pool): 00:25.04 |  |  |  |  |          |  |  |  |  | SB: 00:25.65 Brugge 01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |
|                                         | 5 0 M     |  |  |  |  |  |  |  |  |                           |  |  |  |  |                         |  |  |  |  |          |  |  |  |  |                                |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |
| PB                                      | 00:25.65  |  |  |  |  |  |  |  |  |                           |  |  |  |  |                         |  |  |  |  |          |  |  |  |  |                                |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |
|                                         | 00:25.65  |  |  |  |  |  |  |  |  |                           |  |  |  |  |                         |  |  |  |  |          |  |  |  |  |                                |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |
|                                         | . . . . . |  |  |  |  |  |  |  |  |                           |  |  |  |  |                         |  |  |  |  |          |  |  |  |  |                                |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |

Coach feedback:

|                                               |           |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------|-----------|--|--|--|--|--|--|--|--|--------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+       |           |  |  |  |  |  |  |  |  | Heat:11, starttime: 19:59                              |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| Heat: 11/12 Lane : 9 Athlete: PROVOOST MATICE |           |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  | Q-time: 00:26:59 |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:26.42 Antwerpen 28/07/2024  |           |  |  |  |  |  |  |  |  | PB (25m pool): 00:25.72 SB: 00:27.66 Brugge 01/02/2026 |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                               | 5 0 M     |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
| PB                                            | 00:26.42  |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                               | 00:26.42  |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |
|                                               | . . . . . |  |  |  |  |  |  |  |  |                                                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                         |  |           |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |
|-----------------------------------------|--|-----------|--|--|--|--|--|--|--|---------------------------|--|--|--|--|--|--|--|--|--|------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|-------------------|--|--|--|--|--|--|--|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+ |  |           |  |  |  |  |  |  |  | Heat:12, starttime: 20:00 |  |  |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |
| Heat: 12/12                             |  |           |  |  |  |  |  |  |  | Lane : 2                  |  |  |  |  |  |  |  |  |  | Athlete: DHEERE RÉMI   |  |  |  |  |  |  |  |  |  | Q-time: 00:25:51 |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:25.81                 |  |           |  |  |  |  |  |  |  | Brugge 01/02/2026         |  |  |  |  |  |  |  |  |  | PB (25m pool): no time |  |  |  |  |  |  |  |  |  | SB: 00:25.81     |  |  |  |  |  |  |  |  |  | Brugge 01/02/2026 |  |  |  |  |  |  |  |  |  |
|                                         |  | 5 0 M     |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |
| PB                                      |  | 00:25.81  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |
|                                         |  | 00:25.81  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |
|                                         |  | . . . . . |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |                   |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                         |           |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                               |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |
|-----------------------------------------|-----------|--|--|--|--|--|--|--|--|---------------------------|--|--|--|--|--|--|--|--|--|-------------------------------|--|--|--|--|--|--|--|--|--|-------------------------|--|--|--|--|--|--|--|--|--|--------------|--|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|--|--|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+ |           |  |  |  |  |  |  |  |  | Heat:12, starttime: 20:00 |  |  |  |  |  |  |  |  |  |                               |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |
| Heat: 12/12                             |           |  |  |  |  |  |  |  |  | Lane : 5                  |  |  |  |  |  |  |  |  |  | Athlete: VANSIELEGHEM KILLIAN |  |  |  |  |  |  |  |  |  | Q-time: 00:23:98        |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:23.93                 |           |  |  |  |  |  |  |  |  | Antwerpen                 |  |  |  |  |  |  |  |  |  | 21/04/2024                    |  |  |  |  |  |  |  |  |  | PB (25m pool): 00:22.71 |  |  |  |  |  |  |  |  |  | SB: 00:24.29 |  |  |  |  |  |  |  |  |  | Brugge |  |  |  |  |  |  |  |  |  | 01/02/2026 |  |  |  |  |  |  |  |  |  |
|                                         | 5 0 M     |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                               |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |
| PB                                      | 00:23.93  |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                               |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |
|                                         | 00:23.93  |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                               |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |
|                                         | . . . . . |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                               |  |  |  |  |  |  |  |  |  |                         |  |  |  |  |  |  |  |  |  |              |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |            |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                               |           |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------|-----------|--|--|--|--|--|--|--|--|---------------------------|--|--|--|--|--|--|--|--|--|-------------------------------------|--|--|--|--|--|--|--|--|--|--|
| Event number: 11: 50M FREESTYLE MEN 11+       |           |  |  |  |  |  |  |  |  | Heat:12, starttime: 20:00 |  |  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |  |
| Heat: 12/12 Lane : 8 Athlete: VANHOUTTE WARRE |           |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  | Q-time: 00:25:57                    |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): 00:25.57 Antwerpen 27/07/2025  |           |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  | PB (25m pool): 00:25.36 SB: no time |  |  |  |  |  |  |  |  |  |  |
|                                               | 5 0 M     |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |  |
| PB                                            | 00:25.57  |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |  |
|                                               | 00:25.57  |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |  |
|                                               | . . . . . |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |                                     |  |  |  |  |  |  |  |  |  |  |

Coach feedback:

|                                                        |           |  |  |  |  |  |  |  |  |                                      |  |
|--------------------------------------------------------|-----------|--|--|--|--|--|--|--|--|--------------------------------------|--|
| Event number: 12: 50M FREESTYLE WOMEN 11+              |           |  |  |  |  |  |  |  |  | Heat:2, starttime: 20:03             |  |
| Heat: 2/9   Lane : 6   Athlete: DE CLOEDT DELGADO LISA |           |  |  |  |  |  |  |  |  | Q-time: 00:39:29                     |  |
| PB (50m pool): 00:39.29   Brugge 15/03/2025            |           |  |  |  |  |  |  |  |  | PB (25m pool): no time   SB: no time |  |
|                                                        | 5 0 M     |  |  |  |  |  |  |  |  |                                      |  |
| PB                                                     | 00:39.29  |  |  |  |  |  |  |  |  |                                      |  |
|                                                        | 00:39.29  |  |  |  |  |  |  |  |  |                                      |  |
|                                                        | . . . . . |  |  |  |  |  |  |  |  |                                      |  |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 12: 50M FREESTYLE WOMEN 11+                                     |           | Heat:2, starttime: 20:03 |
| Heat: 2/9 Lane : 8 Athlete: VANDERBEKE MARILOU                                |           | Q-time: 99:99:99         |
| PB (50m pool): 00:41.57 Brugge 11/03/2023 PB (25m pool): 00:37.88 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:41.57  |                          |
|                                                                               | 00:41.57  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 12: 50M FREESTYLE WOMEN 11+                                     |           | Heat:3, starttime: 20:04 |
| Heat: 3/9 Lane : 4 Athlete: ANTIERENS LOUISE                                  |           | Q-time: 00:36:05         |
| PB (50m pool): 00:42.87 Brugge 02/03/2024 PB (25m pool): 00:36.05 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:42.87  |                          |
|                                                                               | 00:42.87  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

|                                                                                                  |           |                          |
|--------------------------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 12: 50M FREESTYLE WOMEN 11+                                                        |           | Heat:3, starttime: 20:04 |
| Heat: 3/9 Lane : 6 Athlete: DEKEYSER NORAH                                                       |           | Q-time: 00:36:33         |
| PB (50m pool): 00:34.52 Brugge 01/02/2026 PB (25m pool): 00:37.19 SB: 00:34.52 Brugge 01/02/2026 |           |                          |
|                                                                                                  | 5 0 M     |                          |
| PB                                                                                               | 00:34.52  |                          |
|                                                                                                  | 00:34.52  |                          |
|                                                                                                  | . . . . . |                          |

Coach feedback:

|                                                                               |           |                          |
|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 12: 50M FREESTYLE WOMEN 11+                                     |           | Heat:3, starttime: 20:04 |
| Heat: 3/9 Lane : 7 Athlete: CANNIERE ERIN                                     |           | Q-time: 00:36:89         |
| PB (50m pool): 00:36.89 Brugge 15/03/2025 PB (25m pool): 00:34.57 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:36.89  |                          |
|                                                                               | 00:36.89  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: ROSC

| Event number: 12: 50M FREESTYLE WOMEN 11+       |           |  |  |  |                  | Heat:4, starttime: 20:05                                   |  |
|-------------------------------------------------|-----------|--|--|--|------------------|------------------------------------------------------------|--|
| Heat: 4/9    Lane : 8    Athlete: SEGAERT HANNE |           |  |  |  | Q-time: 00:35:25 |                                                            |  |
| PB (50m pool): 00:32.59   Brugge   01/02/2026   |           |  |  |  |                  | PB (25m pool): 00:33.97 SB: 00:32.59   Brugge   01/02/2026 |  |
|                                                 | 5 0 M     |  |  |  |                  |                                                            |  |
| PB                                              | 00:32.59  |  |  |  |                  |                                                            |  |
|                                                 | 00:32.59  |  |  |  |                  |                                                            |  |
|                                                 | . . . . . |  |  |  |                  |                                                            |  |

Coach feedback:

| Event number: 12: 50M FREESTYLE WOMEN 11+                                                              |           |  |  |  | Heat:6, starttime: 20:07 |  |
|--------------------------------------------------------------------------------------------------------|-----------|--|--|--|--------------------------|--|
| Heat: 6/9    Lane : 9    Athlete: RYCKEMAN ELLA                                                        |           |  |  |  | Q-time: 00:32:07         |  |
| PB (50m pool): 00:32.07    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:35.24 SB: no time |           |  |  |  |                          |  |
|                                                                                                        | 5 0 M     |  |  |  |                          |  |
| PB                                                                                                     | 00:32.07  |  |  |  |                          |  |
|                                                                                                        | 00:32.07  |  |  |  |                          |  |
|                                                                                                        | . . . . . |  |  |  |                          |  |

Coach feedback:

| Event number: 12: 50M FREESTYLE WOMEN 11+                       |           |  |  |  |  | Heat:8, starttime: 20:09                                     |  |
|-----------------------------------------------------------------|-----------|--|--|--|--|--------------------------------------------------------------|--|
| Heat: 8/9    Lane : 5    Athlete: DEPAEPE ELIZE                 |           |  |  |  |  | Q-time: 00:29:24                                             |  |
| PB (50m pool): 00:29.24    Zwembad Brigitte Becue    30/05/2025 |           |  |  |  |  | PB (25m pool): 00:29.11 SB: 00:29.66    Brugge    01/02/2026 |  |
|                                                                 | 5 0 M     |  |  |  |  |                                                              |  |
| PB                                                              | 00:29.24  |  |  |  |  |                                                              |  |
|                                                                 | 00:29.24  |  |  |  |  |                                                              |  |
|                                                                 | . . . . . |  |  |  |  |                                                              |  |

Coach feedback:

| Event number: 12: 50M FREESTYLE WOMEN 11+      |           |  |  |  |  |  | Heat:8, starttime: 20:09                                  |  |  |
|------------------------------------------------|-----------|--|--|--|--|--|-----------------------------------------------------------|--|--|
| Heat: 8/9    Lane : 9    Athlete: DEVUYST OONA |           |  |  |  |  |  | Q-time: 00:30:26                                          |  |  |
| PB (50m pool): 00:30.02   Brugge   01/02/2026  |           |  |  |  |  |  | PB (25m pool): 00:29.53SB: 00:30.02   Brugge   01/02/2026 |  |  |
|                                                | 5 0 M     |  |  |  |  |  |                                                           |  |  |
| PB                                             | 00:30.02  |  |  |  |  |  |                                                           |  |  |
|                                                | 00:30.02  |  |  |  |  |  |                                                           |  |  |
|                                                | . . . . . |  |  |  |  |  |                                                           |  |  |

Coach feedback: